

CAS ACTIVITY PROPOSAL FORM

This form has to be completed by each student for each project, following the CAS guidelines and the IB CAS Guide provided to each student.

SCHOOL NAME: American School of Bilbao
 CANDIDATE NAME: Sarah de la Haza
 DATE: 28/11/2014

SCHOOL CODE:
 CANDIDATE CODE:

PROJECT/ACTIVITY TITLE: Banco de Alimentos

PROJECT/ACTIVITY SHORT DESCRIPTION:

'Banco de Alimentos' is an organization that gathers food to give away to the poor people. The 28th and 29th of November this organization does the 'Great Gathering' that takes place in every city in Spain, in which the people who go to the supermarket donate food to give to the poor people. I will be volunteering to collect the food in the supermarket. BM in 'Las chopos', Geste, that will be later delivered to the poor people.

PREDICTED LENGTH OF ACTIVITY

Explain how long/often you will undertake the activity.

29th November: (15:00 - 18:00 h)

CAS ELEMENTS INVOLVED

CREATIVITY
 ACTION
 SERVICE

PERSONAL GOAL FOR THE ACTIVITY:

Write at least one paragraph specifically stating the goal(s) you plan to achieve during this CAS opportunity. Your goals should reflect your motivation for choosing this activity, and how you think this experience will affect you and/or others.

GUIDING QUESTIONS

- What do I hope to accomplish?
- How does what I'm doing help to accomplish the stated objectives?
- How will I know if I've achieved my objectives or not?

I chose this activity as I have seen past years this gathering be done, and I have always wanted to participate. I want to help the poor people have a better life, so this way I will be helping in the process to help the poor. I will be encouraging people to donate food to the poor. When I finish and see boxes full, I will have accomplished my goal.

ANTICIPATED LEARNING OUTCOMES:

Indicate which are the learning outcomes that you are hoping to meet with this activity. Explain how this project/activity will help you achieve the chosen CAS Learning Outcomes? (Explain the relationship between what you are doing and the learning outcomes)

1. Increased their awareness of their own strengths and areas for growth.
2. Undertaken new challenges
3. Planned and initiated activities
4. Worked collaboratively with others
5. Shown perseverance and commitment in their activities
6. Engaged with issues of global importance
7. Considered the ethical implications of their actions
8. Developed new skills

1. I will be encouraging people to participate, working my area of shyness.
2. Undertake new challenge on working on this type of activity.
3. I will work collaboratively with Ivan, Cesar and Isaac in the supermarket collecting the donations.
4. I will try my best to encourage people to participate.
5. I will be helping poor people.
6. Communicating.

ORGANIZATION ASSOCIATED WITH ACTIVITY:

- ADDRESS:
- PHONE NUMBER:

PERSON IN CHARGE (SUPERVISOR):

POSITION:

EMAIL:
MOBILE PHONE NUMBER:

PARENTAL APPROVAL

I agree to my child or ward being supervised by the above signatory for the designated activity.

Signature of parent/guardian

Date

SCHOOL APPROVAL

CAS Advisor Approval:

Date:

Once the activity/project has been approved, please SCAN and SAVE the document in the corresponding folder as **proof of evidence.**