*This form has to be completed by each student for each project, following the CAS guidelines and the IB CAS Guide provided to each student.*

SCHOOL NAME: American School of Bilbao SCHOOL CODE:

CANDIDATE NAME: Sarah de la Mata CANDIDATE CODE:

DATE:

**PROJECT/ACTIVITY TITLE**: Dance festival academy EBZ

**PROJECT/ACTIVITY SHORT DESCRIPTION**:

This activity consists in helping organize a dance festival for the academy “EBZ”. I will help the coordinator in the choice of music, choice of clothes for the festival, help plan the schedule for the dances, and make the playbill for the audience.

**PREDICTED LENGTH OF ACTIVITY**

*Explain how long/often you will undertake the activity.*

March-June

|  |  |  |
| --- | --- | --- |
| **CAS ELEMENTS INVOLVED** |  |  |
| CREATIVITY | ACTION | SERVICE |

**PERSONAL GOAL FOR THE ACTIVITY**:

*Write at least one paragraph specifically stating the goal(s( you plan to achieve during this CAS opportunity. Your goals should reflect your motivation for choosing this activity, and how you think this experience will affect you and/or others.*

*GUIDING QUESTIONS*

* *What do I hope to accomplish?*
* *How does what I'm doing help to accomplish the stated objectives?*
* *How will I know if I've achieved my objectives or not?*

I hope to help the festival be a success, and make sure everything is well organized in advance. Not only that, but I also want to improve my event organizing skills, where I will let everybody feel comfortable and satisfied.

To achieve my goal I will be working some months in advance to prepare the dance festival, and will offer my help every time.

I will know during the dance festival, and after it finishes, if I have accomplished my goals or not, I will know it if everything goes without any problem and I see the people smiling and enjoying themselves.

**ANTICIPATED LEARNING OUTCOMES**:

*Indicate which are the learning outcomes that you are hoping to meet with this activity. Explain how this project/activity will help you achieve the chosen CAS Learning Outcomes? (Explain the relationship between what you are doing and the learning outcomes)*

1. Increased their awareness of their own strengths and areas for growth.

I will increase my ability work with others and the planning skills

1. Undertaken new challenges

I will undertake a new challenge, as I have never planned any dance festival before

1. Planned and initiated activities
2. Worked collaboratively with others

I will work collaboratively with the teachers, and the bosses of the dance academy.

1. Shown perseverance and commitment in their activities

I will offer my help all the time, and continue work in preparing the festival every day.

1. Engaged with issues of global importance
2. Considered the ethical implications of their actions
3. Developed new skills

I will develop new skills, as I have never tried anything that has to do with planning a festival for many people.

**ORGANIZATION ASSOCIATED WITH ACTIVITY**:

* ADDRESS:
* PHONE NUMBER:

PERSON IN CHARGE (SUPERVISOR): POSITION:

EMAIL:

MOBILE PHONE NUMBER:

**PARENTAL APPROVAL**

I agree to my child or ward being supervised by the above signatory for the designated activity.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of parent/guardian Date

**SCHOOL APPROVAL**

CAS Advisor Approval: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Once the activity/project has been approved, please SCAN and SAVE the document in the corresponding folder as* ***proof of evidence.***

**REFLECTIONS**

BEFORE THE ACTIVITY

*How do you feel?*

*How do you think it is going to be like?*

*Do you anticipate any problem?*

DURING THE ACTIVITY

*Describe how it went.*

*Explain if everything went as expected.*

*If there was any problem or issue, how did you tackle it?*

AFTER THE ACTIVITY

*Have you met your personal goal? Explain.*

*Would you have done something different?*

*If you were to do it again, what would you do differently?*

*What have you learnt?*

*Have you met the learning outcomes? Explain*