

This form has to be completed by each student for each project, following the CAS guidelines and the IB CAS Guide provided to each student.

SCHOOL NAME: American School of Bilbao CANDIDATE NAME: Sarah de la Mata

DATE: 13/10/2014

SCHOOL CODE: CANDIDATE CODE:

PROJECT TITLE: Save Our Water

### PROJECT SHORT DESCRIPTION:

'Save Our Water' is going to be a club where we will be concerned about how the water is wasted in our school. We want to participate in helping the world by saving the water, and we want to start by our school. In our school the water that has not been drunk in the cafeteria is then thrown to the drain. So, instead of wasting the water that way, we want to recollect the water that has not been used, store it in a safe place, and then water the plants of the Organic Farm (another school group who takes care of growing plants) to not waste any water. This is going to be done in pairs, throughout the whole two years. Each week a new pair will be in charge of recollecting the water and storing it in the safe place to then on Friday water the plants in the organic farm. Then, we want to take this beyond, and we want to make fundraising events to recollect money that we can send to a charity called Charity:Water, that will help the people in need sending them resources to have water. We would do different fundraising events as bakesales, a Save Our Water marathon, and maybe even a fashion show, all fundraising events to gain money we can send. We would also like to make some awareness days, in which the members of the group, and all the possible students in our school come dresses in a blue t-shirt, to make people aware of the importance of the water in our lives.

### PREDICTED LENGTH OF ACTIVITY

Explain how long/often you will undertake the activity.

2 years

CAS ELEMENTS INVOLVED

CREATIVITY

ACTION

SERVICE

### PERSONAL GOAL FOR THE ACTIVITY:

Write at least one paragraph specifically stating the goal(s( you plan to achieve during this CAS opportunity. Your goals should reflect your motivation for choosing this activity, and how you think this experience will affect you and/or others.

### **GUIDING QUESTIONS**

What do I hope to accomplish?



- How does what I'm doing help to accomplish the stated objectives?
- How will I know if I've achieved my objectives or not?

I hope to make people aware of how important it is to save water and save enough water in our school to make a change in our world, and to recollect sufficient money that will help those in need have the luxury of water every day.

What I am doing will accomplish my objectives, because by recollecting the water wasted in the cafeteria and watering the plants of the organic farm, will make a little change that can affect the world. It will save water in our school, which is just the beginning. This will make people aware of the importance of water. And by doing fundraising events we will gain enough money to help people in need have water.

When I see students in our school help with the day to day water recollection, and are aware of the water importance I will have achieved some one of my goals. I will have achieved another of my goals but seeing how the organic farm flourishes with just our water being used and will also achieve my last goal when the company accepts our money as being sufficient and effective.

#### ANTICIPATED LEARNING OUTCOMES:

Indicate which are the learning outcomes that you are hoping to meet with this activity. Explain how this project/activity will help you achieve the chosen CAS Learning Outcomes? (Explain the relationship between what you are doing and the learning outcomes)

- 1. Increased their awareness of their own strengths and areas for growth.
- 2. Undertaken new challenges
- 3. Planned and initiated activities
- 4. Worked collaboratively with others
- 5. Shown perseverance and commitment in their activities
- 6. Engaged with issues of global importance
- 7. Considered the ethical implications of their actions
- 8. Developed new skills
- I will increase my areas of strength and areas of growth when dealing with the world problems.
- 2. I will undertake a new challenge by carrying out an activity that is innovative as it has never be done in the school.
- 3. This is a planned and initiative activity by the members of the group: Isabel Ruiz, Miren Lopez, Naroa Quintana, and me, Sarah de la Mata.
- 4. I will collaborate with the members of my group (the original ones and the ones who will join) by choosing the activities that should be carried out. I will also work with the partner assigned when recollecting the water in the cafeteria. And we will work collaboratively with the Organic Farm.
- 5. I will show perseverance as I will not give up in the activities carried out, I will continue with this activity until the two years have passes, even if we have enough money recollected.
- 6. it is engaged with issues of global importance as it deals with the water problems in our world.



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ORGANIZATION ASSOCIATED WITH ACTIVITY:	
ADDRESS: SOPONDO PSIDO 10     PHONE NUMBER:	e of water in the school
PERSON IN CHARGE (SUPERVISOR): MONON EMAIL: CONTENT OF A SOLD CONT	POSITION: CAS COOR QUINCULA
The continues and the Miner Lopez, Isabel and Miner	i Quintana, edd yw, Sarok di 👉 Maiz. W
PARENTAL APPROVAL	
I agree to my child or ward being supervised by the above signatory for the	designated activity.
	te months
Signature of parent/guardian	Date
There will and the inting specialist, who will take care	
SCHOOL APPROVAL	to Organic Farm, and will make sure th

CAS Advisor Approval:

Date: 14. 11. 2019

Once the activity/project has been approved, please SCAN and SAVE the document in the corresponding folder as proof of evidence.



### **APPENDIX**

### WHY

Explain why you want to carry out this project, what prompted you to embark on this and what you wish to accomplish.

Last year in Science class, we found out that the school wasted about 22 liters of water every day during lunch service. This made us realize how valuable water is and how we must do something to change this situation. We decided that in order for this to change we needed to take action, so we decided to carry out activities that would help this wastage of water in the school.

### **HUMAN CAPITAL**

Who will take part on this project and roles.

This club was created by: Miren Lopez, Isabel Ruiz, Naroa Quintana, and me, Sarah de la Mata. We will all take part in every decision made, but we have created some roles to speed up the process and organize everything.

There will be a secretary, who will take care of planning dates for the events and will assign a week to each pair, and will keep record of the water wastage each month:

Sarah

There will be a Marketing specialist, who will take care of the campaign, by publicizing the club: **Isabel** 

There will be a person that takes care of contacting with the Organic Farm, and will make sure the water is delivered here:

Miren

There will be a peson in charge of managing the money and give it to the charity: **Naroa** 

All of us will plan how the event is going to be carried out

#### STEP BY STEP

- Explain in detail HOW, WHEN and WHERE you will carry out the project. Explain the context (When coordinating with another institution, please provide its description, aims, targeted population, context, etc.)
- Describe sustained time of planning and implementation, the manner in which you incorporated collaboration and how/with whom you collaborated, as well as address any thinking you've done about enduring outcome of the activities.



How: We will collect all the water jugs after each lunch service and use that for gardening (organic farm)

When: We will start organizing everything now and at about mid-October we would like to start the "Save our water" club started.

Where: We will collect the water jugs during the lunch service and the founders of the club will have a monthly talk about important issues.

### TIMING

Predicted Length of the project (include time planning, thinking, contacting people, collaborating with others, logistical details, as well as the actual time and frequency of implementation activities)

We will take the two years to do this project that we will then led to the future IB grades. We will start organizing immediately all our ideas and get people to know this club in order to get it running as fast as possible.

### **NEEDS & RESOURCES**

List the needs or points you need to take care of before the project. Think of those things that need to be in place before the project takes place.

We will prepare posters for everyone to know about "Save our water." For our future fundraising campaigns we will need permission from the school.